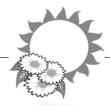
Dear Participants, Families, and Friends:

You are receiving the Summer 2007 issue of the DDD Family Matters bulletins. In this bulletin, we share information about disaster and emergency preparedness. It's important for all of us to know what to do when a disaster or emergency happens. We hope you find the enclosed book and resources useful.

- All Family Matters bulletins also appear on the DDD Internet webpage. Click on http://www1. dshs.wa.gov/ddd/publications. shtml#family and look under the heading "Family Matters Bulletins."
- We need to hear from you! What are the subjects and topics that interest you? What information do you need? Please take a moment to either call Linda Gil at 360-725-3435 or email her at gilll@dshs. wa.gov.
- Remember to check the DDD Internet website to learn more about what's happening in the division: http://www1.dshs. wa.gov/ddd/index.shtml.
- Look for the next bulletin this coming fall of 2007!



Turn
the page for
more information!

Disasters Can Happen Anywhere, Any Time, and Without Warning!

The American Red Cross says to find the best ways to prepare for a disaster, ask yourself the following questions:

- · What kinds of disasters may occur in my area?
- How will I and others be informed of possible disasters?
- What are the effects of disasters on me and my community?

To find out more from the American Red Cross, go to this Internet webpage on emergency preparedness for people with disabilities: http://www.redcross.org/services/disaster/beprepared/under.html

In Washington State, the Department of Health (DOH) offers information about emergency and disaster preparedness on its website: Public Health Emergency Preparedness and Response (http://www.doh.wa.gov/phepr/default.htm).

At the DOH website (http://www.doh.wa.gov/default.htm), you can find local telephone numbers and other information guides.

DOH has published a handbook titled Emergency Resource Guide (2007). A copy of this new handbook is included in this Family Matters packet.



Your case resource manager may be able to share more information about these topics. If you do not know who your case resource manager is, please contact the closest DDD office and ask!

REGION 1		REGION 4	
Colfax	(509) 397-5053	Kent	(253) 372-5770 or Toll free (800) 974-4428
Colville	(509) 685-5649 or Toll free (866) 715-3646	Seattle	(206) 568-5700 or Toll free (800) 314-3296
Moses Lake	(509) 764-5674	DECION E	
Omak	(509) 846-2098	REGION 5	
Spokane	(509) 329-2900 or Toll free (800) 462-0624	Bremerton	(360) 475-3490 or Toll free (800) 735-6740
Nenatchee	(509) 667-6164	Tacoma	(253) 404-6500 or Toll free (800) 248-0949
REGION 2		REGION 6	
Clarkston	(509) 751-4637	Aberdeen	(360) 537-4360
Ellensburg	(509) 925-0405	Centralia	(360) 807-7010
Kennewick	(509) 374-2111	Kelso	(360) 501-2520
Sunnyside	(509) 836-5438	Long Beach	(360) 642-6237
Walla Walla	(509) 526-2580	Olympia	(360) 725-4250 or Toll free (800) 339-8227
Wapato	(509) 877-5190	Pt. Angeles	(360) 452-3327 or Toll free (877) 601-2760
Yakima	(509) 225-4620 or Toll free (800) 822-7840	Pt. Townsend	(360) 379-4324
		Shelton	(360) 432-2039
REGION 3		South Bend	(360) 875-4244
Bellingham	(360) 676-2000 or Toll free (800) 239-8285	Vancouver	(360) 750-4250 or Toll free (888) 877-3490
Everett	(425) 339-4833 or Toll free (800) 788-2053		
Mt. Vernon	(360) 416-7261 or Toll free (800) 491-5266	http://www1.dshs.wa.gov/ddd/contacts.shtml	
Oak Harbor	(360) 240-4723 or Toll free (877) 890-2631		

Other web resources include:

- Tips for First Responders http://www.isdd.indiana.edu/
- Disaster Preparedness for People with Disabilities
 http://www.gocolumbiamo.com/EM/Disaster_Preparedness/disability.php
- Are You Ready? An In-depth Guide to Citizen Preparedness http://www.fema.gov/areyouready/
- American Red Cross
 http://www.redcross.org/services/disaster/0,1082,0_603_,00.html
- Disability Resources
 http://www.disabilityresources.org/DISASTER.html